

Continuum



Workplace Humor: Looking Forward to Monday

This presentation is designed to outline the physical benefits of laughter as well as how laughter can be a benefit to business. Participants will have an opportunity to discuss how to use humor in the workplace as a leadership tool and how to keep it from being a distraction.

Don't expect to sit and absorb this information, participation will be both fun and expected. Exercises to unlock creativity and help find your sense of humor will be featured along with the opportunity to *be funny!* You will take away from this seminar ways to incorporate humor at your place of business and have everyone *looking forward to Monday.*

What People Are Saying About Workplace Humor: Looking Forward to Monday

"I'll work humor into our staff meetings."

"Enjoyed it; lots!"

"Fun interaction between participants..."

"I liked the Twisted Proverbs."

"I will laugh and smile more."

"I liked the games and activities-exercising our humor."

"It will help when I have to present "un-fun" things at staff meetings."

"He who laughs last should attend one of your presentations."

"We already do this-but you have given affirmation to continue and to understand that we can view humor as one of our strengths and tools."