

Continuum



Workplace Bullying: You thought you had left it on the playground.

It's being called a "silent epidemic." Those kids that used to tease you, call you names and steal your lunch money are in the workplace and doing more damage than they ever did in grade school. Workplace bullying can affect a company's bottom line, productivity, morale, turn-over rate and so much more. The targets of bullying can suffer stress related health problems. The problem in real and organizations (and some states) are taking serious action to address bullying.

In this program, designed for supervisors and managers, we will:

- Define workplace bullying.
- Explore the scope and depth of the problem.
- Look at why and how bullies do what they do.
- Examine mistakes management makes that allow bullying to take place.
- Find ways to stand up to bullies individually, as managers and as organizations.
- Discuss case studies.

The workshop is a great way for managers to raise their own awareness of a serious problem and find ways to nurture a professional and respectful work environment.