

OCT  
2018



# Investing 101

Do you want to invest but don't know where to start? This webinar will help you understand what investing is, what it means, and how the "miracle" of compounding works. It will also cover some of the building blocks of investing and provide some insights into techniques with the goal of helping you think about which investing strategies are right for you.

**HELPNET WEBINAR AVAILABLE ON  
DEMAND STARTING OCTOBER 1**

To access Continuum's HelpNet, simply visit [4continuum.com](http://4continuum.com) and complete the member login at the top of the page. From HelpNet's home page, click the featured webinar of the month.

*Available anytime, any day, Continuum EAP is a free, confidential program to help you balance your work, family and personal life.*