

JUN 2023



HelpNet webinar

PTSD: LET'S GET THE FACTS

You've heard about it. What is it, what are its causes, and how is it treated? This webinar will explore and discuss Post Traumatic Stress Syndrome. We will discuss the definition, common myths vs. facts, symptoms, relationship, self-care, and treatment.

AVAILABLE ON DEMAND STARTING JUNE 1

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