

EMPOWERING SUPERVISORS TO SUPPORT EMPLOYEE MENTAL HEALTH



October 21, 2025

This training aims to equip supervisors with the knowledge and skills to effectively support the mental health and wellbeing of their employees. The focus will be on improving understanding of mental health, recognizing signs of mental health issues, and providing strategies to address these concerns sensitively and appropriately. Additionally, supervisors will learn about the role of Employee Assistance Programs (EAPs) to support employees facing mental health challenges.

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REGISTER NOW TO ATTEND



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