

Emotional Intelligence for Success

Emotional intelligence quotient (EQ) is one of the most important factors that contribute to your success.

EQ is defined as your ability to recognize and understand your emotions and the emotions of those around you, and your ability to use this awareness to manage your behavior and relationships with other people.

Here's the good news... you can increase your emotional intelligence!

In this session, participants will learn the basics of emotional intelligence and commit to strategies to improve their EQ.

Leadership

Jan. 23, 2018 9-11 a.m. 1135 M Street, Lincoln, NE 3rd floor

PRESENTER: STEPH VANOUS

Steph is the Director of Consulting for Zelle HR Solutions. She spends the majority of her time working with clients on developing initiatives to improve culture and engagement. Steph has helped clients implement new HR processes to improve innovation, engagement, profit & loss and process improvement.

REGISTER BY: Jan. 19

Limit of 5 supervisors per company

Space is limited, please register early.

TO REGISTER:

CALL:

402.476.0186 / 1.800.755.7636

EMAIL:

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Or, you can register online! www.4continuum.com

