

Thriving Family:

A parent's guide to raising resilient kids

We devote our lives to creating a family foundation that nurtures and protects our children. But along the way, as we witness them experiencing the challenges of life, our own expectations and vulnerabilities can interfere with their developing brain. How do we avoid this? How can we feel confident that we are providing the best foundation for our children so they can truly flourish and succeed? Join us as we explore our role as parents, our relationship with individual children and evidence-based approaches to foster resilience.

HELPNET WEBINAR AVAILABLE ON DEMAND STARTING APRIL 1

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