



September
2025

HelpNet
Webinar

Finding Harmony

Being a Parent & a Professional

There is perhaps no more delicate balance than being a parent and a working professional. So many of us struggle with how to divide our time, energy and attention. This seminar will discuss the realities of the modern working landscape for parents and how to approach balance in a new, more successful way. We'll review strategies for time and household management. And we'll discuss how to find the most elusive thing of all: quality time just for yourself.

Available on
demand
Starting September 1

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