

JULY 2020



HelpNet webinar

MULTI-GENERATIONAL CAREGIVING

Many middle-aged people find themselves caring for both their children and their parents — helping them navigate their finances, social lives and changes in capacity for independence. Learn ways to have productive conversations with aging parents about their needs, ways to troubleshoot burnout as a caregiver and how to keep your own family running smoothly.

AVAILABLE ON DEMAND STARTING JULY 1

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