

HelpNet webinar

SUPPORTING A LOVED ONE SUFFERING FROM SUBSTANCE MISUSE

Having a loved one dealing with addiction can be heartbreaking, frustrating, and terrifying. Choosing how to support them can be confusing - the right choice is not always obvious. In this webinar, we will discuss recognizing signs of addiction and review choices of how to support your loved one. We will also review concepts such as enabling and codependency. You will walk away from this webinar with a clearer idea of how to support both yourself and your loved one.

AVAILABLE ON DEMAND STARTING NOVEMBER 1

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Available when you need us, Continuum EAP is a free, confidential program to help you balance your work, family and personal life.

