



Leadership *Academy* webinar

February 22, 2022
10-11:30 a.m. (CT)

PRESENTER: OLIVIA MOSER

As a licensed Independent Mental Health Practitioner and a clinical program manager with the NE Dept. of Corrections, Olivia has worked with a variety of concerns such as mental illness, substance abuse, trauma, and interpersonal and relationship issues. Olivia capitalizes on these experiences to provide her audiences with insight and tools that can be quickly applied.

Mental Health First Aid for Leaders

Mental health first aid in the workplace is not just a reaction. During this presentation, we will discuss:

- The impact of mental health in the workplace
- What signs and symptoms to look for
- How to address your concerns
- Ways to support your team
- How and when to refer to further services

We will also explore setting the example of healthy boundaries and adding self-care in the workplace.

REGISTER TODAY!

Limit of 250 attendees

Spots available on a first-come, first-served basis.

TO REGISTER VISIT:

<https://attendee.gotowebinar.com/register/1801029052359919118>

After registering, you will receive a confirmation email containing information about joining the webinar.
